LITTLE CRICKETS AT PARK SCHOOL – FORMULA AND BREAST-FEEDING POLICY

At Little Crickets at Park School we work in partnership with parents to follow parental choice and routine for feeding. All babies in our care have their routine documented on Ovivio and on the whiteboard in the room to ensure continuity of care. Parents are expected to notify nursery of any changes to the routine and feeding amendments.

1. FORMULA FEEDING

1.1 Parents will provide the chosen formula in an unopened container, this will need to be named and staff will store this correctly within the room. Staff will notify parents when a new one is needed.

1.2 Any unusual formula feeding requests will need to be made to the nursery manager and if necessary, permission will need to be sought from a medical professional.

1.3 When new formula is brought in, staff will ensure the child's full name and date of opening is written on the container.

1.4 Formula must be made fresh for each feed and when preparing, staff will follow this procedure:

1.4.1 Wash hands thoroughly.

1.4.2 Ensure the preparation area and all equipment is clean and sterile.

1.4.3 Boil fresh water in the kettle and pour into the thermometer jugs to cool, covered for no more than 30 minutes.

1.4.4 Measure the correct amount of cooled boiled water into the sterilised bottle as shown on the formula container.

1.4.5 Measure out the formula using the scoop provided, levelling off each scoop.

1.4.6 Place the sterilised teat and lid on the bottle and shake well.

1.4.7 Test the temperature by shaking a few drops on to the inside of wrist. If the bottle is too warm, place it into cold water until lukewarm before offering it to the baby.

1.5 If parents supply ready to use milk, this must be brought in in sealed named cartons that are in date.

1.6 Ready to use milk should be poured into a sterilised bottle and warmed using a bottle warmer or by placing the bottle in a jug of hot water (Microwaves should never be used). Once heated shake the bottle to ensure it is evenly heated and check the temperature to make sure it is lukewarm before offering it to the baby.

2. BREAST FEEDING

2.1 Little Crickets at Park School values the importance of breast feeding and will support parents to continue this whilst their baby is in our care.

2.2 Staff will be able to provide a comfortable environment for a nursing parent to feed at the nursery should they wish too.

2.3 Staff will feed expressed breastmilk to a baby during the day, in accordance with this guidance.

2.4 Breast milk must be brought to nursery, clearly named and dated with the expressed date, in a suitable milk storage bag/bottle.

2.5 Expressed milk will be stored in individually named containers, placed in the baby room milk fridge. Expressed milk may appear thin, blueish, yellowish or brownish in colour and it may separate whilst stored.

2.6 Breast milk bottles will be prepared following this procedure:

2.7 Wash hands thoroughly.

2.8 Ensure the preparation area and all equipment is clean and sterile.

2.9 Separated stored breast milk will be gently swirled ready for preparation.

2.10 Refrigerated breast milk can be used straight away (no heating required) or warmed using a jug of warm water/ bottle warmer. Warming for too long can cause bacteria to develop, so bottles will not be warmed for more than 15 minutes.

2.11 Please refer to the 'use within' table below for expressed breast milk. Temperature Use within Expressed milk stored in a warm room 19-26°C 4 hours Refrigerated expressed milk 1-4°C 72 hours

3. STORAGE AND STERILISATION

3.1 Parents must supply for each session the correct amount of labelled sterilised bottles with the correct teat for their babies' stage.

3.2 Staff will return all bottles at the end of the day to be washed and sterilised at home.

3.3 Excess milk will be discarded after the feed or after one hour.

4. SAFETY

4.1 Babies will never be left propped up with a bottle